

Authorization for Release of Information and Records

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I have been informed that under North Carolina State law, communication between a client and his/her therapist is privileged and may not be disclosed by the therapist unless the client consents. I have also been informed that client records maintained by a therapist may not be disclosed to third parties except with the client's consent or through legal process.

I hereby authorize my psycho-educational yoga therapist/consultant Lisa Rosof, MA, to disclose, release, and/or obtain records to/from:

_____ My Primary Care Physician _____

_____ Other healthcare provider _____

_____ My family members as listed _____

_____ My Lawyer _____

_____ My previous therapist _____

_____ My Insurance Company _____

_____ Other _____

This authorization is only for the limited purpose of releasing information to and discussing my case with these individuals or companies for purposes of evaluation and treatment. It shall not be deemed a waiver of any privileged communications or confidential information.

This authorization shall remain in effect until revoked by me in writing.

This _____ day of _____, _____

Client Signature